August 2025| MENU Pre-K Wake County Public School System Breakfast & Lunch



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3				01 Breakfast WG Cereal V Applesauce Cup Lunch Pizza Day! V available Fresh Tossed Salad V Green Beans V Fresh Fruit
04 Breakfast Yogurt Cup with WG Graham Crackers V 100% Apple Juice Lunch Orange Chicken & Brown Rice Bowl Seasoned Carrots V Pineapple Tidbits	05 <u>Breakfast</u> WG Breakfast Pizza Applesauce Cup <u>Lunch</u> Beef Nachos with WG Chips Pinto Beans V Mandarin Oranges	06 Breakfast WG French Toast V Mandarin Oranges Lunch Spaghetti with Meat Sauce WG Dinner Roll Buttered Broccoli V Applesauce	07 <u>Breakfast</u> Southern Chicken Biscuit Pineapple Tidbits <u>Lunch</u> Pulled Pork Sandwich on WG Bun Colesiaw V Crinkle Cut Fries V 100% Fruit Slushies	08 Breakfast WG Cereal V Applesauce Cup Lunch Pizza Day! V available Fresh Tossed Salad V Fresh Fruit
11 Breakfast WG Waffle V 100% Apple Juice Lunch Chicken Filet Sandwich Mixed Vegetables V Savory Green Beans V Pineapple Tidbits	12 Breakfast WG Breakfast Pizza Mandarin Oranges Lunch Beef & Brown Rice Bowl WG Tortilla Chips Black Beans V Salsa V Fresh Fruit	13 Breakfast Breakfast Totchos V Strawberry Applesauce Cup Lunch Hamburger/Cheeseburger on WG Bun Crinkle Cut Fries V Buttered Broccoli V 100% Fruit Blend Juice	14 Breakfast Southern Chicken Biscuit Mandarin Oranges Lunch Popcom Chicken WG Dinner Roll BBQ Baked Beans V 100% Fruit Slushies	15 YR WORKDAY Breakfast WG Cereal V Applesauce Cup Lunch Pizza Day! V available Fresh Tossed Salad V Fresh Fruit
18 Breakfast Breakfast Muffin V 100% Apple Juice Lunch Chicken Filet Sandwich Mixed Vegetables V Savory Green Beans V Mandarin Oranges	19 Breakfast WG Breakfast Grilled Cheese Applesauce Cup Lunch Chicken Chalupas Black Beans V Salsa V Pineapple Tidbits	20 Breakfast Yogurt Cup with WG Graham Crackers V Pineapple Tidbits Lunch Hamburger/Cheeseburger on WG Bun Crinkle Cut Fries V Buttered Broccoli 100% Fruit Blend Juice	21 Breakfast Southern Chicken Biscuit Mandarin Oranges Lunch Popcorn Chicken WG Dinner Roll BBQ Baked Beans V 100% Fruit Slushies	22 Breakfast WG Cereal V Applesauce Cup Lunch Pizza Day! V available Fresh Tossed Salad V Fresh Fruit
25 TRAD 1 ST DAY Breakfast Yogurt Cup with WG Graham Crackers V 100% Apple Juice Lunch Orange Chicken & Brown Rice Bowl Seasoned Carrots V Pineapple Tidbits	26 Breakfast WG Breakfast Pizza Applesauce Cup Lunch Beef Nachos with WG Chips Pinto Beans V Mandarin Oranges	27 Breakfast WG French Toast V Mandarin Oranges Lunch Spaghetti with Meat Sauce WG Dinner Roll Buttered Broccoli V Applesauce	28 Breakfast Southern Chicken Biscuit Pineapple Tidbits Lunch Pulled Pork Sandwich on WG Bun Colesiaw V Crinkle Cut Fries V 100% Fruit Slushies	29 Breakfast WG Cereal V Applesauce Cup Lunch Pizza Day! V available Fresh Tossed Salad V Fresh Fruit

2025 Pre-K Meal Prices:

Full Price Breakfast: \$1.75 Reduced Price Breakfast: Free, while funding is available Full Price Lunch: \$3.50 Reduced Price Lunch: \$.40 Adults: A la Carte Pricing

CEP School meals are free for all

Breakfast includes: Entrée, fruit & unflavored milk.

Lunch includes: Entrée with grain/bread, ½ cup vegetable, ½ cup fruit & unflavored milk

V Symbolizes the daily vegetarian options

Peanut butter & Jelly Sandwiches available upon request

Menu selection is subject to change at any time.

This institution is an equal opportunity provider.
Esta institución ofrece igualdad de oportunidades.

